



Transforming Prayer

1. What would your specialist round of choice be in a pub quiz?
2. What areas in your life do you struggle to follow God's guidance & wisdom on?

To what extent have these changed over time? And if they have changed, why do you think that is?

'Confess your sins to each other and pray for each other so that you may be healed.' (James 5:16)

3. Why do you think confessing our shortcomings to each other might be important?

How might we work out who to confess our sins to?

What challenges might we face when those we know confess their sins to us?

4. What might some of the benefits be of praying in this 'integrated' way
Can you identify any drawbacks?

How would you describe your prayer life, & how it connects to your day?

5. How would you say your prayer life has changed over the years?

How would you like God to help you deepen your prayer life in the coming months?