



## The Path of Forgiveness, Part Two

1. Why do you think crime & police dramas are so popular on TV? What's your favourite crime or police TV show or film, & why?
2. To what extent do you think gender still plays a role today in how people's behaviour is judged? To what extent have your attitudes on gender roles & behaviour changed over the years? How has your faith helped shape your attitudes?
3. How do we know which parts of the Old Testament we're to follow today, & which parts reflect an understanding of justice or behaviour that we'd do well to leave behind? How does Jesus' approach to the law help our understanding of it?
4. Why do you think forgiving ourselves is such a difficult thing to do? Which do you struggle to let go of most: feeling guilty at the things you've done wrong, or feeling shame about who you feel you are? How do you think Jesus would respond to the thoughts you've shared?
  1. *Admitting the Wrong*
  2. *Witnessing the Anguish & Apologising*
  3. *Asking for Forgiveness*
  4. *Renewing or Releasing the Relationship*
5. How helpful do you find these 'fourfold paths' in your approach to forgiveness? Which of today's four stages do you think you would find either easiest or hardest to do? How might those around you help you to embrace forgiveness in your life, either from God, from others, for others, or for yourself?